



Benefits of a Corporate Team

Our annual Walk to End Lupus Now™ events link the LFA, Texas Gulf Coast Chapter with both corporate America and the local community, in a partnership that supports our mission. Uniting businesses and their employees for a common cause through team participation creates community visibility and provides co-workers with a fun social outing at little or no cost to the company. *Here are some of the ways your company can benefit by participating in a Walk to End Lupus Now™.*

Teamwork and Team Building

Employees will learn to work together in a social setting as they fundraise leading up to the event or train to run the 5K in at the Houston Walk. They will learn to set goals, develop creative ways to achieve them, and put their ideas into action for the vent. On event day, they will be thrilled to see their hard work pay off as they run or walk together to fight lupus!

Corporate Pride and Employee Retention

Contributing to a good cause and taking an active role in the community will instill company pride in your employees. After working together to meet their goals and seeing the success they can create together, the pride employees will have in their organization will grow, and they will look forward to building on their success year after year. Our Walks offer a fun and exciting opportunity for employees to work together. Teamwork through this event can be a positive asset during times of corporate change.

Community Involvement

By getting into the community and working as a team for a good cause, your company will build a positive corporate image and develop strong community relationships. You will strengthen your reputation with employees, clients and investors, and with potential employees and customers.

Create a Health Conscious Work Environment

Participating in one of our Walks or 5K Run will provide employees with a challenging athletic goal. These events promote getting in shape, learning health habits, and finding ways to save and utilize energy. Studies repeatedly show that employees who maintain a healthy lifestyle and exercise regularly have a marked decrease in absenteeism and medical insurance claims.

It's Easy To Fundraise

Fundraising together as a team through securing donations and team-wide fundraising initiatives can show your company executives how committed their employees are to working and walking/running together. Such a display may even lead to team sponsorship by the company.

It's More Fun at the Event

Our Walk events are more enjoyable when you have a group of teammates to support and encourage you along the way. Challenge each other, enjoy the scenery and rest stops, and make lots of noise as your team triumphantly crosses the finish line!

We Are Here To Help

The LFA, Texas Gulf Coast Chapter is available to you for any questions, concerns, or ideas you may have. We will happily send you Walk literature and/or information about lupus to distribute amongst your colleagues and workplace. We would love to work together with you and your team to help you establish team goals and strategies. Our network of Team Captains also provides you with the opportunity to talk with your peers about team strategies, goals, and activities.

For more information on corporate teams, sponsorships, and initiatives, please contact our office at 713-529-0126 (Toll Free: 800-458-7870) or email info@lupustexas.org.